Transportation Planning Suggestions

Transportation is an extremely important part of daily living. Organizing your transportation needs can alleviate some of the burden on friends and family. Look at the sample chart. Weekly activities can be spread out among friends and family members. By doing this, friends and family know how to plan their week and it also gives them peace of mind that your needs are taken care of.

Monthly appointments can be made on the same days of the week (i.e. Wednesdays) to eliminate confusion.

Please use the blank chart to create your own schedule of activities. Share it with friends and family. This chart will also act as a reminder of appointments.

Make a new chart every month or keep the same schedule.

Be in control of your transportation needs.

Sample Transportation Planning Chart

Place	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Grocery Store/Drug Store		Neighbor 11am					
Nail Salon			Friend A 2pm				
Hairdresser/Barber	Daughter 4pm						
Bridge/Cards				Friend B 1pm			
Church							Church van 8am
Dinner with family/friends						Friend C 5pm	
Shopping					Neighbor 10am		
Monthly							
Dr. Jones			Daughter 9am 12/15				
Dr. Smith			Son 9am 1/4				
Dr. Daily			Daughter 9am 1/15				
Bank					Son 9am 1st Friday		

Transportation Planning Chart

Place	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Monthly							