



## Recognizing the Signs

Age can affect a driver's ability to sense, decide, and act. Knowing that natural changes come with age will allow senior drivers to take actions that enable them to be safe drivers while on the road.

As senior drivers age so does their physical capacity. Some of the changes may not be obvious – please review the below list of potential changes to assess if your senior patients need assistance:

Does your senior patient...

- Neglect to buckle up
- Have difficulty working their vehicle's pedals
- Have difficulty merging on freeways or turning onto busy streets
- Have trouble seeing other vehicles, cyclists or pedestrians, especially at night
- Ignore or "miss" stop signs and other traffic signals
- React slowly to sirens and flashing lights of emergency vehicles
- Weave, straddle lanes, drift into other lanes or change lanes without signaling
- Get lost or disoriented easily, even in familiar places
- Have two or more traffic tickets, warnings, collisions or "near misses" in the past two years
- Have a history of stroke, heart attack, or diminished eyesight?

If your patient has answered "yes" to any of the above questions, *please* encourage your patient to contact Virginia GrandDriver to locate a comprehensive senior driver safety assessment clinic or CarFit event to schedule a driver safety assessment.