

## The Glennan Center for Geriatrics and Gerontology

The Glennan Center is a center of excellence at Eastern Virginia Medical School dedicated to the prevention, intervention and research of age-related diseases. Our mission is to help older patients maintain the highest possible degree of function and independence in their lives and to avoid unnecessary and costly institutionalization.

### Driver Evaluation Program Faculty and Staff

#### Barbara Freund, Ph.D.

Dr. Freund is the director of clinical research at the Glennan Center for Geriatrics and Gerontology at Eastern Virginia Medical School and the director of the Driving Simulation Center. She is an assistant professor of medicine and certified as a driver improvement program instructor by the American Automobile Association.

#### Stefan Gravenstein, M.D., M.P.H.

Dr. Gravenstein is the program director of the Glennan Center. He holds the John Franklin Chair in Geriatrics and is a professor of internal medicine at EVMS.

#### Rebecca Ferris, B.S.

Ms. Ferris is a research assistant in the Driving Simulation Center.

## Eastern Virginia Medical School

Eastern Virginia Medical School is a nationally recognized academic medical center for medical education, research and patient care.

EVMS does not own a hospital. Instead, we operate medical practices and centers of excellence for patient care. Our medical students are trained at a number of regional hospitals. Under the umbrella organization of EVMS Health Services, our physicians treat tens of thousands of patients every year throughout Hampton Roads, Eastern Virginia and Eastern North Carolina. For more information regarding Eastern Virginia Medical School and our Health Services, visit our web site at [www.evms.edu](http://www.evms.edu).



EASTERN VIRGINIA  
MEDICAL SCHOOL

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# Safe Driving for Life DRIVER EVALUATION PROGRAM



## The Driver Evaluation Program

## The Evaluation Process

Driving is a common part of our everyday lives, so it is often taken for granted. But the act of driving safely requires a complex set of physical and mental competencies. Any impairment in the driver can increase the risk of an auto accident.

The Driver Evaluation Program at the Eastern Virginia Medical School's Glennan Center for Geriatrics and Gerontology identifies a person's strengths and weaknesses behind the wheel.

The program serves adults with a condition that may impair their ability to drive safely, such as...

- Cognitive Impairment
- Dementia
- CVA or Stroke
- Brain Injury
- Natural Aging Process
- Diabetes
- Arthritis

**STEP 1:** A physician believes driver evaluation would be helpful and refers the driver to the Driver Evaluation Program.

**STEP 2:** Paper and pencil neuro-psychologic testing is conducted. This measures visuo-spatial function, mental status and divided attention.

**STEP 3:** The driving simulation is a 30-minute urban course requiring execution of numerous common driving maneuvers. The simulation allows an assessment of the driver's ability to drive and perform the tasks necessary for safe operation of a motor vehicle.

**STEP 4:** Results of the simulation are discussed with the driver by staff members and a follow-up report is sent to the referring physician.

**Referrals**  
Individuals should be referred by a physician.

**Fees**  
The driver evaluation is not covered under current insurance plans. Fees are payable at the time of evaluation.

**Location**  
We are conveniently located on the second floor of Hoffheimer Hall at Eastern Virginia Medical School in Norfolk, Virginia. Please call for directions.

**For questions or  
appointments please call**  
(757) 446-7340  
FAX: (757) 446-7049

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*Dr. Barbara Freund,  
Program Director, assists a client  
with a driving simulation exercise  
at Eastern Virginia Medical School.*

